

Advice on COVID-19 (coronavirus) for places of education

How serious is COVID-19 (coronavirus)?

- it can cause flu-like symptoms, including fever, cough and difficulty breathing
- the infection is not serious for most people, including children
- there is currently no vaccine
- most people get better with enough rest, water to drink and medicine for pain

How can you stop COVID-19 (coronavirus) spreading?

If you need to cough or sneeze



Catch it with a tissue



Bin it



Kill it by washing your hands with soap & water or hand sanitiser

You should wash hands with soap & water or hand sanitiser



After breaks & sport activities



Before cooking & eating



On arrival at any childcare or educational setting



After using the toilet



Before leaving home



Try not to touch your eyes, nose, and mouth with unwashed hands



Do not share items that come into contact with your mouth such as cups & bottles



If unwell do not share items such as bedding, dishes, pencils & towels



Stop germs spreading with our e-Bug resources on hand and respiratory hygiene lesson plans for KS1, 2 and 3: campaignresources.phe.gov.uk/schools

What should you do if you feel unwell?

If you have a:

- high temperature

and/or

- new persistent cough

you should stay at home for 7 days from the day your symptoms started. If you become unwell at a place of education, tell a member of staff.

If a staff member or parent thinks you have symptoms of COVID-19 (coronavirus), they should make sure you stay at home for 7 days. If your symptoms get worse or if your symptoms do not get better after 7 days, parents can contact your GP for advice. Follow the advice. Parents can visit pha.site/coronavirus to find out more information. Teachers and support staff should follow the UK government advice.

See pha.site/coronavirus for advice on COVID-19 (coronavirus).



If there is an emergency, call 999 immediately and inform the operator that you have symptoms of COVID-19.